

# Pressing While Sewing



Day Dreams Custom Sewing  
& Handmade Gifts

## Stitches & Tips

Pressing While Sewing

Help/Information, write to:

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You may not believe this but do you know how many people DON'T own an iron? More people than you would know! Pressing your seams during sewing is as important a task as straight stitching or pinning before you sew.

Here are a few tips and things to know about pressing while you sew.

### Tips to Remember:

- Ironing is what you do AFTER you wash clothes. It is back and forth movement.
- Pressing is what you do while you sew a garment or other project; pressing is just pressing seams, manipulating new fabric into a new way, melding threads and raising fabric when needed.
- You SET the stitches when you press. It smoothes puckers and melds the stitches into the fabric fibers.
- Under press the garment on the wrong side.
- Top pressing is on the top of the garment. Use a soft cloth or cheese cloth when pressing so you don't burn the fabric while pressing seams, curves, etc.
- Pressing while sewing is important to the shape of collars (curved or straight), arm holes, sleeves, hems, and more. It gives the new fabric shape that will hold permanently.



Iron after laundering (back and forth). Ironing new fabric can stretch a seam.

Press is helping fabric memorize it's new shape. Pressing means hold in place for several seconds—thus the pressing cloth is needed.



Keep cheese cloth on hand or other pressing cloth to prevent fabric from scorching.



Pressing Boards and Hams for sleeves or seams are tools of a good seamstress or tailor.