

# Hand Sewing



Day Dreams Custom Sewing  
& Handmade Gifts

## Stitches & Tips

Hand Sewing

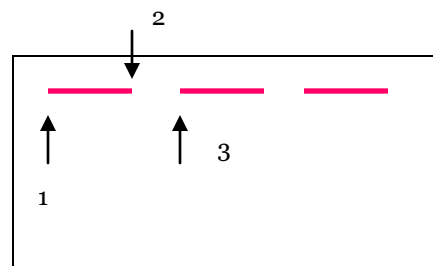
Help/Information, write to:

sher@daydreemz.net

An important skill to have whether you are learning to sew by machine or not; hand sewing. There are many uses for hand sewing—not just mending. This guide will give a few samples of hand sewing techniques that are good to know and have as a skill.

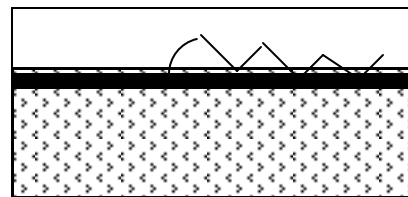
**Basting**— Using a single knotted thread, make a running stitch as shown in the picture.

1. Insert needle down,
2. Back up about 1/2" away from underneath
3. Then back down at another 1/2" from last stitch.



**Blind Hem**— A stitch suitable for any fabric but particularly for hemming fabrics where a hidden hem is difficult to achieve, such as knits and wool.

1. Fold the hem edge back about 1/4".
2. Take a small stitch in the garment.
3. Take the next stitch ahead in the hem.
4. Continue, alternating stitches between the hem and garment.



### Resources to Look Into for Hand Sewing:

You Tube

Coats & Clark

<http://www.daydreemz.net/2/post/2012/02/as-you-sew-so-shall-you-rip-or-fight-murphy-and-his-cousin->

**Whip Stitch**— A simple flowing stitch used for holding fabric seams together or for hemming.

Place the two edges together. Take the stitches from back to front, close to the fold and close together.

