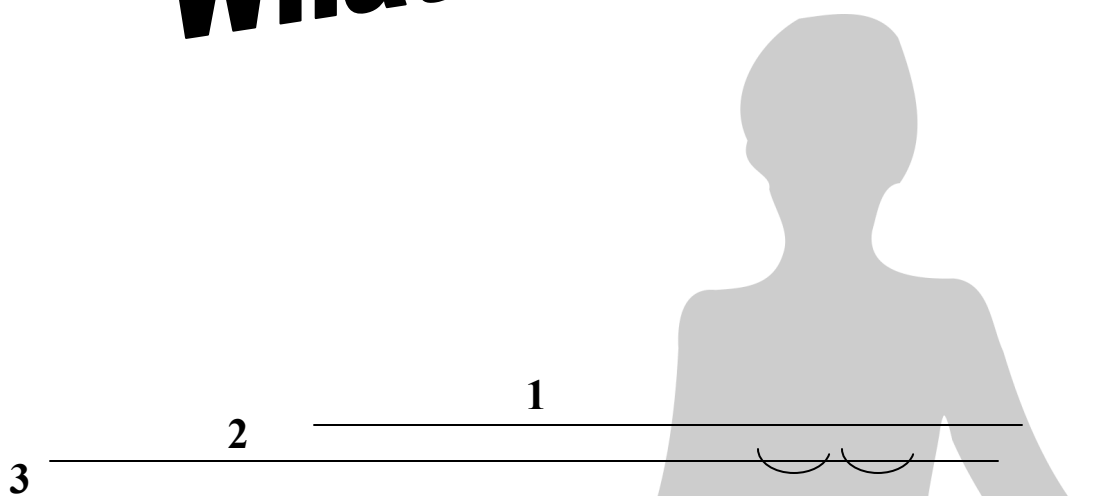




What's My Bra Size?



To measure for your bra size correctly, you should be in light clothing, preferably, your undergarments.

1. This is the high or upper bust. It is just underneath the joint of the arm to the body (upper arm pit) and around over the top of the breast (across the chest). Wrap the tape measure around this area and write the number down of where the tape measure meets. Round up to the next even number.
2. This is the bust line or bust size. Wrap the tape measure around in the same manner as step 1. Write this number down.
3. This is the under bust. Wrap the tape measure around in the same manner as step 1. Write this number down.

Upper Bust _____ = Band Size

Bust _____

Under Bust _____ = Band Size

To obtain cup size, subtract the band size from the bust measurement.
This difference equals the cup size (see chart below)

Bust - Band Size = _____

- Use the larger size between Upper and Under for the band size.

Example:

42 " Bust - 38 " Band = Difference of 4" or "D" Cup
42 D Bra Size

Band - Bust Difference	Cup Size
Less than 1"	AA
1"	A
2"	B
3"	C
4"	D
5"	DD
6"	E
7"	F
8"	G